

BOERNE PARKS & RECREATION SWIM TEAM

“Boerne Barracudas”



**2016 HANDBOOK
&
INFORMATION GUIDE**

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**Information in this book is subject to change during the season.

SWIM TEAM 2016

Our swim team's purpose is to promote improved swimming in all four strokes, provide a competitive swimming environment and to promote teamwork and good sportsmanship for the youth of our area. Our goal is that every child will develop his/her skills to the best of his/her abilities. Each child is important to the team. Above all, participation should be fun for everyone.

ELIGIBILITY FOR SWIM TEAM

Any child, who is between 5 and 17 years of age and a novice swimmer, is eligible to join the swim team.

Age classification for all divisions will be as follows:

- Maverick Swim League - age as of May 1st of current year
- T.A.A.F. - Age as of June 1st of the current year

TAAF defines a recreational swimmer as any swimmer (14 or younger, as of June 1) who has not practiced with, trained with, or competed with any organized or unorganized, perpetual, year round swimming program which may or may not be affiliated with an incorporated association that hosts a national championship, will be eligible to compete at the T.A.A.F. State Age Group Swimming Championships. If the program is an official "Summer Only" (May, June & July) program, and the swimmers have not competed or trained with the aforementioned year round program, the swimmers are eligible to compete in T.A.A.F. swimming. The exceptions are for participants in the 15-17, 18-24, 25-39 and 40 & over age divisions. These age divisions are not subject to the "summer only" limitations.

2016 Membership Fees

First child	\$110 (resident)	\$140 (non-residents)
Second child	\$100 (residents)	\$125 (non-residents)
Third child or more.....		\$100.00

Registration remains open after the start of the season to allow new residents and other to join the team, only if space is still available. However, to swim in the TAAF Regional Meet, a swimmer must have competed in at least one meets.

Refund Policy

Refunds of registration fees will be given according to the following schedule;

Up until May 31.....50%
After June 1.....0%

Team Swimsuit

Team suits can be purchased from D&J Sports in San Antonio. The contact there is Adrian. They are located at 4313 Blanco Road. They are not required, but recommended. Cost for suits are subject to change each year. We encourage you to buy a snug fit. Also, it is best to save your team suit for team activities. No swimsuit can withstand daily use for the summer.

COACHING STAFF

Head Coach:

Assistant Coaches:

Practice Times

Swim Practices are held on a daily basis at the Boerne City Pool. If practices times or days are adjusted the Swim Coach will inform parents.

The decision to close the pool due to weather related situations will be made by pool management.

Schedule starting June 6th
(Tuesday thru Friday)

7:45 - 8:30	U6
8:15 - 9:30	7 -10
9:15 -10:45	11 & up

Schedule for May 9th
(Monday thru Friday)

4pm – 4:45	U6
4:30 –5:45 pm	7-10
5:30 – 7:00pm	11 & up

Schedules Subject to change

Practice Information

Please adhere to these practice times unless the coach has specifically asked your swimmer to come at a different time. This is so that your swimmer will get appropriate instructions and workout for his/her age and abilities. Please respect the coaches desire to maximize the learning potential at each practice.

Practice Guidelines:

1. Swimmers are expected to pay attention and to obey the coaches' instructions.
2. Parents are responsible for getting swimmers to an from practice on time. Prior arrangements should be made for the swimmer to be picked up or tended to by someone soon after the swimmer's practice time is concluded.
3. Swimmers are encouraged to do the best that they can. Actual skill is not as critical as the swimmer's willingness and enthusiasm.
4. Practice sessions are not to be used for parent/coach discussions. Any parent wishing to speak with the coach may do so by giving her/him a note on deck and asking for a phone call.
5. Each swimmer is allowed to attend one practice per day.
6. Parents may not coach a swimmer during practices or meets.
7. Parents are asked to stay back from poolside and ready area.

SWIM MEET INFORMATION

MEET ENTRIES: Our coaches will determine what events the swimmer will compete in each week. This is to make sure we have swimmers in each event and to maximize the chance for individual and team success. Normally up to 2 relay teams can be entered in each age group. The "A" relay will be made up of the four fastest times. The "B" relay will be the next four fastest times and the "C" relay (if allowed) will be made at the coaches' discretion.

If a swimmer cannot be at a meet due to vacation, illness, or other conflict, let the Coach know IN WRITING as soon as possible for the upcoming weeks meet, so he/she can be scratched from the list of swimmers. This is EXTREMELY important in assigning the swimmers to relays and the individual events so that the meet runs quickly and efficiently.

On the day of the meet, a "Scratch Meeting" is held to adjust the heats for "no shows". That is why it is vitally important to check in when arriving at each meet. By Thursday of each week, a list of events will be posted at the Pool Office Door

showing the events that each swimmer is entered into for the up coming meet. Check this list to make sure you are entered into the meet! NORMALLY AFTER WE EXCHANGE MEET ENTRIES WITH THE OPPOSING TEAM, WE ARE NOT ALLOWED TO ADD ANY ADDITIONAL SWIMMERS!

BEFORE THE MEET: If you want to swim your best, get a good night's sleep the night prior to the meet and eat breakfast! Something light and not sugary is best. During the meet, it is best to avoid sodas and candy.

CHECK-IN PROCEDURES: **Check-in for Meets is normally 1 hour before meets.** When you arrive, the FIRST thing you must do is check in with the coach. If you have not checked in on time you will probably be scratched from your events. You must honor the check-in time.

WARM-UP: All swimmers will participate in a short warm-up to get used to the water, (especially important in an away pool), and to practice starts, finishes and/or turns. Even for the youngest swimmers, it is important that they get wet and swim at least a lap or two.

WHAT TO EXPECT AT THE MEETS: Lots of kids, noise, heat, excitement, food, and fun. Remember, bring something for your children to do (cards, games, books) and something to sit on and under while they wait for their events. Food and drinks may be purchased at most of the meets or may be brought from home.

HELPFUL HINT: Buy a Heat Sheet if available (usually) to guide you through the meet. This will give all the events, heats, and times of each swimmer.

DURING THE MEET: IT IS VERY IMPORTANT THAT SWIMMERS STAY IN THE TEAM AREA! Swimmers are called to line up several events before they actually swim, so they need to be where they can hear the events and can be found by the Swimmer Finder. Please remind your swimmers of these guidelines.

1. Wear sunscreen and shoes even for indoor meets as the waiting areas are outside.
2. No running, wrestling, throwing things or rowdy behavior.
3. Stay in the team area whenever possible. If you leave the area, let the Age Group Parent know and return as quickly as possible. Everyone needs to leave for the restroom, food, or to cheer on another team member. We want to avoid scratching a swimmer from an event if they are missing.

4. NEVER leave a meet without notifying a Coach. You may be leaving before your last event, or you may be needed for a relay.
5. Immediately after you race, go see the Coach to get some feedback.
6. Always bring water or something to drink! Bring lawn chairs and some kind of shade.

EVENTS DURING SWIM MEETS: Each event may have more than one heat (group of swimmers). An event is made up of three parts – stroke, age, and gender. A swimmer may enter up to five (5) events per meet, with the maximum number of individual events limited to three. A relay is not an individual event.

1. Parents are responsible for getting swimmers to and from the meets on time. If there is a time conflict, the Coach must be notified.
2. Parents are asked to help during the meets; all help is welcome!
3. If a swimmer or a parent has a problem or concern it should be addressed to the Coach.
4. Lost and Found: All items left behind at practices and swim meets (home and away) will be placed in the lost and found basket at the pool. If not claimed, the items will be donated to charity at the end of the swim season. Please remember to label everything taken to practices and meets.
5. Please keep the team area clean (both home and away meets). We are proud of our team, so let's leave each meet as neat and clean as possible. Please be responsible and pick up your own garbage.
6. The complete results of our Swim Meets will be turned in to the Coach within a few days after the meet. The host chooses when and in what format they print results.

TIME CONVERSIONS: NA

DISQUALIFICATION: At some point during the season a swimmer might be disqualified during an event. This means the swimmer has not started correctly or has not properly performed the stroke during the swim, on the turn, or at the finish. A "DQ" can be emotional, especially for a younger swimmer. The Stroke and Turn Judge whom DQ'ed the swimmer will try to explain to the swimmer what was done incorrectly. All swimmers should be encouraged and take this as a learning experience. Even the best swimmers have DQ'ed at some time or another.

All complaints about stroke and turn judgments are not to be voiced to officials. If you have a specific complaint please discuss with the Coach.

Some common errors leading to a DQ are the following:

Relays – Leaving starting Block before previous swimmer touches; doing wrong stroke.

Free Style – Walking on bottom or pulling on the rope (touching the rope is okay)

Breast Stroke – Two underwater strokes during start or turn; not touching with two hands simultaneously and parallel at finish. Using a scissor kick.

Butterfly – Flutter kick instead of dolphin kick; not touching with two hands simultaneously at turn or finish. Both hands not coming out of the water at the same time.

Back Stroke – Turning over onto the stomach at finish.

If a swimmer is disqualified, no official time is recorded, nor can any points be scored.

2016 Barracudas Swim Meet Schedule

TBA

TEXAS AMATEUR ATHLETIC FEDERATION

Boerne swimmers are eligible to compete in the TAAF Region III swim meet at (TBA). This meet will include (non USS 14 and under) swimmers from any of the teams in our region in a meet that's biggest prize is the right to compete in the Games of Texas. Swimmers 15 and older can be a USS swimmer and still compete in TAAF. Any swimmer or relay that finishes 1st or 2nd in an event automatically qualifies for the Games of Texas, which is best compared to a statewide Jr. Olympics event.

In determining entries for the Games of Texas, if a swimmer does not finish 1st or 2nd, but one of the swimmers that earned the spot to go, cannot compete, then each finisher moves up a spot until there are two swimmers representing the Region.

The State TAAF meet will be held on July 28th – July 31st in McAllen, Texas. All Boerne Swim Team Members are registered with T.A.A.F.

Detailed information concerning the Games of Texas may be found on the TAAF web site, www.taaf.com.

Regional meet schedules will be given to participants as soon as that information is made available by the host City.

Other Contact Information

Kim Wolfe
Recreation Coordinator
City of Boerne Parks and Recreation
(830) 249-9511, ext. 1181

Danny Zincke
Parks & Recreation Director
City of Boerne
(830) 249-9511, ext. 1155

City Pool
(830) 249-3969

2016 Boerne Summer Swim Team

Medical Information

Swimmer Name: _____

Please list any medical information/condition(s) that the Swim Coach should be aware of: _____

Please list any medications that are taken on a regular basis that we should be aware of:

Allergies: _____

Other Comments: _____

Person providing medical information: _____

Emergency Contact Information:

Primary Contact Name: _____

Phone No.: Day (_____) _____ Night (_____) _____

Secondary Contact Name: _____

Phone No.: Day (_____) _____ Night (_____) _____